

2025 Victorian Interschools Cycling Schools (VICS)

Series Guide

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1. OVERVIEW

This Victorian Interschools Cycling Series (VICS) is racing, just like you can see on TV, but in a more relaxed environment. Riders of all abilities are encouraged to participate, with graded racing to ensure fair, fun and exciting racing for all.

The VICS has been running for over a decade and schools and riders continue to support the Series as it improves health and fitness, skills and tactics, and develops confidence and teamwork.

You race for points in a series for yourself, as well as your school. Racing is based on Age groups and graded. You can be the only one from your school racing, or you can get some other friends from your school to join you. It's all about having fun, riding your bike, and keeping active.

The Victorian Team at AusCycling, host clubs, supporting schools and volunteers look forward to another successful Series of VICS and encouraging more young people to experience the joy and challenge of racing!

2. ROUNDS

- Round 1: Tuesday 15 October 2024, Sandown (Carnegie Caulfield Cycling Club)
- Round 2: Saturday 26 October 2024, The Teardrop, Yarra Boulevard (Hawthorn Cycling Club)
- Round 3: Saturday 9 November 2024, Casey Fields (Blackburn Cycling Club)
- Round 4: Saturday 8 February 2025, Victoria Gardens, Ballarat (Ballarat Sebastapol Cycling Club)
- Round 5: Tuesday 18 February 2025, Sandown (Carnegie Caulfield Cycling Club)
- Round 6: Saturday 15 March 2025, The Teardrop, Yarra Boulevard (Hawthorn Cycling Club)
- Round 7: Saturday 29 March 2025, Casey Fields (Blackburn Cycling Club)

The full series schedule & venue information will be available at the [Auscycling website](#).



3. SERIES POINTS

Points are awarded to all finishers in each category AND grade, and every rider receives points towards their school for the following placings:

Proposed Points System for 2024/5				
Placing	D Grade	C Grade	B Grade	A Grade
1	24	48	96	192
2	19	38	77	154
3	15	30	62	123
4	12	24	50	98
5	10	19	40	78
6	8	15	32	62
7	6	12	26	50
8	5	10	21	40
9	4	8	17	32
10	3	6	14	26
11	2	5	11	22
12	2	4	9	18
13	2	3	7	14
14	2	2	6	12
15	2	2	5	10
16+	1	2	4	8

These points accumulate throughout the series. Points are allocated to individuals for a maximum of 5 events, which means that riders can miss two events without penalty. Note that there are different points allocated for the team time trial, which will be detailed on the results for this event.

There are point adjustments if riders move grades throughout the series. At the conclusion of the series, the winners will be announced for overall School, age group and class.

4. EVENT CATEGORIES

The Event Categories that must be conducted within the series, are as listed below:

Category	Class	Year of Birth
Juniors	Male/Female	2011-2014
Seniors	Male/Female	2006-2010
<i>Age categories are decided as of 31st December 2025 as road age categories run from 1 January to 31 December.</i>		



Each category will be allocated to grades – A to D – for both Juniors and Seniors following the Round 1 Individual Time Trial. This will ensure fair and fun racing.

Please note: Riders may be promoted or demoted during the series at the discretion of AusCycling (published on the series page after each round).

5. ENTRY CONDITIONS

Entry for each Series event will be via [EntryBoss](#). Please refer to the specific event entry portal for specifics on Fees, Entries closure dates & scratchings.

There are bulk entries for schools to be completed by the designated school coordinator i.e. coach or teacher > [2024 VICS Event Registration Form School EntriesWEB.xlsx \(sharepoint.com\)](#) This needs to be completed for each round and provide to annina.gallagher@auscycling.org.au prior to Entry Boss closing date.

It is the rider/rider's guardian's responsibility to ensure that their entry is correct.

Riders who have entered and are no longer able to attend, can use the EntryBoss scratching mechanism prior to the Scratching Cut Off listed above. After this date has passed, to obtain a refund, riders must submit a medical certificate to events@auscycling.org.au, in line with the AusCycling Refund Policy.

Cost of entry includes your race plate, a marked-out course with marshals and officials, start and finish, first aid and officials. Note that it is advised that all riders have family ambulance cover, as we will not hesitate to call an ambulance if the First Aid provider deem it necessary.

6. MEMBERSHIP

As this is a Mass Participation (Schools) event, AusCycling Personal Accident & Public Liability insurance covers each rider, but only for the duration of the round event.

Non-AusCycling members are encouraged to sign-up for a 4-week Free Trial Membership or Race Membership with their local Club if interested in participating in other cycling events outside of the Schools Series. Click here for further information > <https://www.auscycling.org.au/membership>

There are a number of closed circuit criteriums throughout Summer (October to March) that cater for juniors who are participating in the VICS including Hawthorn Crits on Wednesdays, Coburg Cycling Club Crits on Saturdays at National Boulevard Campbellfield and Carnegie Caulfield CC Criteriums at Glenvale on Sundays. These require AusCycling 'race membership' and information is available on EntryBoss > [EntryBoss](#) .



7. RACE INFORMATION

There are a number of different formats that will constitute races throughout the series:

- Individual Time Trial
- Criterium
- Team Time Trial

Find out more about each discipline here > [Road | Our Disciplines | AusCycling | AusCycling](#)

Distances and timing will vary dependent upon the event, in line with AusCycling policies.

Please note, it may not always be possible to hit the target race time depending on the track, and as the age groups get older, we may have longer race distances for Racing categories.

As we are running these events to a schedule, we may combine categories to make the racing more fun, and it is possible slower riders might not have time to complete their entire number of laps.

Results will be provided via results.auscycling.org.au/Road/2025/VICS/

Racers must have a suitable bike, with bar end plugs and an Australian standards helmet that fits correctly. This is for the safety of all riders. Volunteers will be on site to assist checking these things prior to race commencement.

7.1 AWARDS & PRIZING

The following awards will be provided for all categories:

Prize	Placing
Club Prizing	1st Place, 2nd Place, 3rd Place
Series Prizing – Medals	1st Place, 2nd Place, 3rd Place
Schools Aggregate - Trophy	Awarded to winning school

Presentations will occur as per the published round schedule.



8. EQUIPMENT

Regulations surrounding the suitability of equipment will be in accordance with current AusCycling Technical Regulations with the following exceptions/clarifications:

- Roll out distances (junior gear restrictions) are NOT enforced at VICS events.
- Only Cycling Australia approved standard road bicycles for all events [No TT specific bicycles for either ITT or TTT events]
- TT clip on bars will be permitted for ITT and TTT events for **U17 riders only**
- Carbon wheels will be accepted at a maximum rim depth of 45mm for all events
- All helmets must be Australian Standards compliant
- Please see AusCycling Technical Regulations for Road and Track

Under the AusCycling Technical Regulations, junior riders normally adhere to a maximum gear size during racing events. While the roll-out gear restrictions will not be enforced in the Victorian Interschool Cycling Series, the following ratios are strongly recommended: J11/13 - 5.5m, J15 - 6.0m, J17 - 7.0m, J19 - 7.930m.

8.2 HELMETS

A securely fitted approved helmet must be always worn while riding.

All helmets must be Australian Standards approved (AS/NZ 2063) and carry one of the following stickers.



Any modification to an approved helmet is strictly prohibited.

8.3 RACE NUMBER & TRANSPONDER

Race numbers need to be worn on the left and right rib cage and must always be clearly visible. Please ask at registration if unsure. Riders who fail to wear their numbers correctly may not be listed correctly in the results.

9. OTHER INFORMATION



- All rounds are conducted on closed road circuits.
- All rounds will have an external first aid medical services on site.
- All attendees of the VICS are required to adhere to the [AusCycling Code of Conduct](#). Failure to do so, or to follow any reasonable direction provided by AusCycling, or appointed officials at the event, may result in removal from the venue or exclusion from competition.
- All events will be conducted in accordance with the AusCycling Technical Regulations:
 - a. [General](#)
 - b. [Road](#)
 - c. [Child Safe](#)

For further information please contact annina.gallagher@auscycling.org.au

AusCycling reserves the right to amend this document, and the rules contained within, at any time.

